

FUN  
ACTIVITY  
PROGRAMS

DEVELOP  
SOCIAL LIFE  
SKILLS

# FULL-DAY SUMMER CAMP



INSPIRING & CREATIVE ACTIVITIES



- Weekly Themes
- Age-appropriate groups
- Flexible payment plans
- Fun for all ages

## Kids Learn:

- Self Confidence
- Self Discipline
- Self Control
- Self Defense
- To Focus
- Integrity
- Fitness
- Courtesy
- Respect for  
Parents & Teachers



 **LEGACY**  
MARTIAL ARTS

Columbia: 2627 Millwood Ave.  
803-814-1240

Irmo: 7530 Woodrow St.  
803-407-4422

legacymacola@gmail.com  
legacy-martialarts.com



# SUMMER CAMP!!!

Dates:

**Week 1: Celebrate Summer – Fun Week!**

Week 2: Superhero Week

**Week 3: Wonders of Science**

Week 4: Space Week (partial week)

**Week 5: Tool Time!**

Week 6: Pokemon Week

**Week 7: Wild Things!**

Week 8: Culture Week

**Week 9: Star Wars Week**

Week 10: The Best of.. Week!

Camps are for both new and current students. Our camp will offer: physical fitness, discipline, self-defense, and confidence!

Sample Schedule:

7:15–9:00 – Quiet Time

9:00–9:15 – Overview of Day & Rules

9:15–10:30 – Theme Week Activity

10:30–11:00 – Snack/Change

11:00–11:45 – Martial Arts or Fitness

11:45–12:15 – Game Time

12:15–1:30 – Lunch

1:30–1:45 – Character Building

1:45–3:00 – Theme Week Activity

3:00–3:45 – Organized Activity

3:45–4:00 – Snack

4:00–close – Quiet Time

## Register Now, Space is Limited!

Legacy Martial Arts

Irmo: 7530 Woodrow St., 803-407-4422

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[www.legacy-martialarts.com](http://www.legacy-martialarts.com); [legacymacola@gmail.com](mailto:legacymacola@gmail.com)



# SUMMER CAMP!!!

Register before May 1<sup>st</sup>: \$119/week

Register after May 1<sup>st</sup>: \$10/week extra

Register after June 1<sup>st</sup>: \$20/week extra



Half-Day Camps available at \$65/week

\$100 registration fee required

15% discount for additional family members

Pay for the entire summer camp at \$999

## Register Now, Space is Limited!

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## **Welcome to Legacy!**

We are delighted that you have chosen our Summer Camp for your child(ren). The elementary and middle school years are critical for social, intellectual, moral and physical development. But these years are also a time for fun, and it is our goal to facilitate positive development by providing students with a safe, nurturing environment in which to:

- participate in a physical activity without the pressures and competitive nature of team sports,
- build lifelong lessons through the five tenets of tae kwon do (courtesy, integrity, perseverance, self-control and indomitable spirit),
- learn valuable life lessons that will help them become successful in the future
- develop positive peer and adult relationships through other students and our great instructors
- and have fun!

Our summer camp is a great alternative to daycare or babysitting, as students have fun developing confidence, discipline and control while learning martial arts! We offer one of the premier martial arts program in the state with the most qualified instructors.

Taekwondo will be an optional component of our camp, and alternative activities will be provided. But we encourage all students to give it at least a try!

## **Staff**

The master instructor of Legacy Martial Arts is Master Daniel Kim. He is a certified 5<sup>th</sup> degree black belt and is certified through Kukkiwon, the world taekwondo headquarters USA Tae Kwon Do, the Olympic governing body of tae kwon do in the United States. He has been instructing children not only in tae kwon do, but also other sports for over 10 years!

We will also have other tae kwon do instructors, certified black belts, and licensed and certified professional teachers. All of our staff have had previous summer camp, coaching, and/or teaching experiences. They will be assisting in teaching tae kwon do and planning games and activities. At any time if you wish to speak with a member of our staff, please call 803-407-4422 (Irmo) or 803-814-1240 (Columbia).

## **Camps**

Themes are subject to change. Also, field trips may be offered, and details about them will be given before the camp begins.

- Week 1 (June 11-15) – Celebrate Summer! Fun Week! - Lots of great games and activities! Let's have a little fun!
- Week 2 (June 18-22) – Superhero Week - Dress up as your favorite superhero character! Learn some cool moves and acrobatics. Learn about safety and self-defense.
- Week 3 (June 25-29) – Wonders of Science – Learn how cool science really can be with fun science experiments.
- Week 4 (July 2-6) – Space Week – Learn about the galaxy and an entire universe that's far, far away!
- Week 5 (July 9-13) – Tool Time – Learn how to be hands on. Learn some awesome skills about tools, and how to create and repair with them.
- Week 6 (July 16-20) – Pokemon Week – Each day will be themed for Pokemon characters and skills. Catch the craze!
- Week 7 (July 23-27) – Wild Things! Learn about cool animals and explore nature at its wildest! -
- Week 8 (July 30-Aug. 3) – Culture Week – Learn the customs and traditions of other nations! Participate in cultural activities and sample ethnic food!
- Week 9 (August 6-10) – Star Wars Week – Learn some cool swordsmanship and the other moves behind this hit movie.
- Week 10 (August 13-17) – The Best of... Week! Enjoy the last week of summer with all of the best activities and games from the summer. Participants get to vote which one was their favorite.

## **Rules and Regulations**

1. Payment must be made at time of registration to secure spot.
2. Drop-off time is 7:15am or later, and pick-up time is no later than 6:00pm. If you arrive after 6:00pm, a \$10 charge will be assessed, and it will have to be paid on the same day you arrive late.
3. We will only allow pick-up of children if the person's name is in our records. Please indicate that by writing the names of the people you will allow for pick-up on the application.
4. T-shirts are mandatory and comes with the cost of camp. Extra t-shirts and uniforms may be purchased at an additional price.
5. No refunds or credits will be issued unless cancellation is made 30 days in advance for refunds and 14 days in advance for credits.
6. A change in summer camp weeks may be allowed if spots are open and advance notice of 7 days is given. There will also be a \$10 fee to transfer weeks once registered.
7. We offer a standardized form for reimbursement upon request only.
8. If the child is on prescription medication, this information must be disclosed on the application. No over-the-counter medicine will be allowed at the camp. Legacy Martial Arts takes no responsibility for a student's failure to take their medication or for a student's taking of medication without our knowledge.
9. Students are expected to demonstrate good behavior and follow all rules and regulations of the school (which will be detailed on the first day of camp). If a student fails to respect the rules/regulations, the student may be dismissed from the program without any refund or credit.
10. Bullying and fighting will not be tolerated at our camp. This will include excluding, teasing, taunting, gossiping, hitting, kicking, or putting down another individual. Each student is expected to treat all other students and camp instructors with respect and to help each other get the best possible experience during the camp season. Incidents can lead to temporary loss of privileges, and if deemed necessary, dismissal from the program without any refund or credit.
11. If, for any reason, a child fails to participate in the camp and the above-mentioned requirements are not met to receive a refund or credit, then no refund or credit will be given at any time.
12. If a student will not be attending a particular day during the camp, the parent must notify Legacy Martial Arts of the child absence.
13. Lunch is not provided; therefore, students will be required to bring their own lunch. This is mandatory. Snacks and drinks will be provided throughout the camp, but all allergies (including food allergies) will have to be noted on the application.
14. Field trips may occur, and by signing the application, you agree to allow your child to travel to and from the location and participate in the field trip. If you do not wish for your child to participate in this, it must be noted on the application.
15. The schedules below are all subject to change without prior notification. The schedule is a sample schedule, and a finalized copy may be picked up at the school a week before your camp starts.

# Schedule of Events

<u>Time</u>	<u>Event</u>	<u>Summary</u>
7:30-9:00am	Drop-Off/Quiet Time	Students get dropped off and organize personal items. Students have own personal time.
9:00am	Instruction Time	Instruction and Lessons on Activity for that Day Learn school rules/regulations. Go over rules and how-to information about games/activities/drills.
9:15am	Theme Week Activity	Please see the different themes for the weeks
10:30am	Snack Time/Change	Eat small snack. Get ready for class.
11:00am	Martial Arts or Fitness class	A martial arts or fitness class will be held at this time.
11:45am	Game Time	Fun Games and Activities
12:15pm	Lunch	Clean-Up, Lunch, and Personal Time to do Anything
1:30pm	Character Building Lessons	Character Building Instruction for the day.
1:45pm	Theme Week Activity	Please see the different themes for the weeks.
3:00pm	Organized Activity	Examples are: King Crab Ball, Dodgeball, Kickball, Soccer, Basketball, Relay Races, Obstacle Course, Etc.
3:45pm	Snack/Quiet Time	Eat Snacks/Play Own Games/Relax/Get ready for class.
4:00pm	Quiet Time/Pick-Up	Organize personal items and students get picked up.

(Note: This is only a sample schedule, and times and activities are all subject to change.)

(Field trips may be planned and will be finalized and decided before the start of camp. Field trips will alter the schedule.)

This is a sample schedule only! Each week, we will send a schedule of the upcoming camp so that parents and students can prepare for the week's activity!

# Legacy Martial Arts – Classes, Functions, and Events

## Summer Camp Registration Form

Name: \_\_\_\_\_ Birthday: \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: \_\_\_\_\_ Email: \_\_\_\_\_

Additional Participants: \_\_\_\_\_

<u>Parent/Guardian</u>	<u>Cell Phone</u>	<u>Home Phone</u>	<u>Pick-Up?</u>
_____	_____	_____	_____
_____	_____	_____	_____

Alternative Pick-Up (names & #s): \_\_\_\_\_

**Health needs (INITIAL):** \_\_\_\_\_ I have no special health/medical needs. \_\_\_\_\_ I have (had) the following **health needs** and/or **allergies**

(include past health issues/medication): \_\_\_\_\_

By signing below, I hereby state that I am under the care of a physician for the treatment of the above health needs/issues and that I have been medically cleared by that physician to participate in tae kwon do and/or this program, or that I understand the risks associated with participating in tae kwon do and/or this program with the above health needs/issues.

Camp Date(s): (check below)

Week 1 – Celebrate Summer, June 11-15 \_\_\_\_\_

Week 2 – Superhero Week, June 18-22 \_\_\_\_\_

Week 3 - Wonders of Science, June 25-29 \_\_\_\_\_

Week 4 – Space Week, July 2-6 (partial week) \_\_\_\_\_

Week 5 – Tool Time, July 9-13 \_\_\_\_\_

Week 6 – Pokemon Week, July 16-20 \_\_\_\_\_

Week 7 – Wild Things!, July 23-27 \_\_\_\_\_

Week 8 – Culture Week, July 30-Aug. 3 \_\_\_\_\_

Week 9 – Star Wars Week, August 6-10 \_\_\_\_\_

Week 10- The Best of.. Week, Aug. 13-17 \_\_\_\_\_

Full-Day = \$119/week. Half-Day = \$65/week

\$10/week extra after 5/1; \$20/week extra after 6/1.

\$100 deposit required as registration fee.

15% discount for 2<sup>nd</sup> family member.  
25% discount for each additional.

Pay for the entire summer camp at \$999

Total Amount : \_\_\_\_\_

Payment Option: \_\_\_\_\_

Payment of registration fee must be made at time of registration to secure spot. T-shirts are mandatory and comes with cost of camp. Extra t-shirts and uniforms may be purchased. Field trips will be scheduled throughout the camps, but you may have to bear the additional cost for those field trips. No refunds or credits will be issued unless cancellation is made 30 days in advance for refunds and 14 days in advance for credits. A change in summer camp weeks may be allowed if spots are open and advance notice of 7 days is given. Payment must be received before the start of the summer camp week. Failure to do so will result in a \$10 additional late fee for the week.

I, the undersigned, hereby waives, releases and forever discharges any and all rights and claims for damages which may occur to me and/or my child(ren) against Legacy Martial Arts, U.S. Tae Kwon Do Academy, LLC, and/or all instructors and persons associated with this program in any capacity for any and all damages which may be sustained by me and/or my child(ren) in connection with my and/or my child(ren)'s association with or participation in the above program, including injury, accident, illness or death. I understand that tae kwon do and this program involves rigorous physical activities. I also understand that Legacy Martial Arts will not be responsible for any lost or damaged personal items. Although the school will take every precaution to assure the welfare and safety of all persons in or associated with the program, it is important you understand the school assumes no liability whatsoever in case of injury, accident, illness or death. I understand that Legacy Martial Arts has no school insurance, which pays the medical or hospital costs that might be incurred on behalf of myself and/or my child(ren). Consequently, I understand that any and all such costs shall be my sole responsibility. I also understand that classes and practice sessions make great demands on the body and that I have no knowledge of any physical conditions which would make me and/or my child(ren) unable to participate in and continue in these classes. I also understand that it is advisable to be medically insured while being enrolled in the program. I also irrevocably authorize Legacy Martial Arts to copyright, use, publish for advertising, art, trade, or any other lawful purpose whatsoever, photographic portraits, pictures, or video in which the Student(s) or Buyer(s) may be included in whole or in part. I also have read and agree to the rules and regulations of the program. I have also read and understood the camp rules and regulations.

\_\_\_\_\_  
**PARENT/GUARDIAN or STUDENT SIGNATURE**

\_\_\_\_\_  
**DATE**